

## **Discover Your WIN- Resource Page**

Some Items Available on <u>discoveryourwin.com/resources</u>

### **Bible Reading Plans**

What is God's Plan For My Life- 6 Day Bible Plan

https://www.bible.com/reading-plans/24478-what-is-gods-plan-for-my-life

What to do Next- 5 Day Reading Plan

https://www.bible.com/reading-plans/34436-what-to-do-next-biblical-wisdom-for-your-career

#### **Career Assessments**

**Holland Code (RIASEC)-** A simple career interest test that helps students discover jobs that match their personality. *Take it for Free-* <a href="https://www.truitv.com/test/holland-code-career-test">https://www.truitv.com/test/holland-code-career-test</a>

**O\*Net Interest Profiler**- A free government-backed tool that connects interests to real-world careers. Uses Holland Code but adds career info.

Take it for Free- <a href="https://www.mvnextmove.org/explore/ip">https://www.mvnextmove.org/explore/ip</a>

MBTI (Myers-Briggs Type Indicator) - Personality-based assessment that helps individuals understand how they think, interact, and make decisions

Take it for Free- <a href="https://www.16personalities.com/">https://www.16personalities.com/</a>

Strengths Finder 2.0- A research-backed strengths assessment from Gallup.

Purchase at DiscoverYourWin.com <a href="https://amzn.to/4bSVVaj">https://amzn.to/4bSVVaj</a>\*

ASVAB- https://www.militarv.com/join-armed-forces/asvab

#### **Resources for Families**

Growing With- Every Parent's Guide to Helping Teenagers and Young Adults to Thrive in Their Faith, Family, and Future- <a href="https://amzn.to/43L1nKp\*">https://amzn.to/43L1nKp\*</a>

Visioneering- God's Blueprint for Developing and Maintaining Vision

Purchase at DiscoverYourWin.com <a href="https://amzn.to/3PP2dNZ">https://amzn.to/3PP2dNZ\*</a>

What Color Is Your Parachute? - <a href="https://amzn.to/3FHJxhi">https://amzn.to/3FHJxhi</a>\*

**Kids Table Topics to Go-Conversation Starters** 

Purchase at DiscoverYourWin.com https://amzn.to/42t6o9K

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## **College/Career Exploration**

Iowa Career Pathways- <a href="https://educate.iowa.gov/higher-ed/iowa-career-pathways">https://educate.iowa.gov/higher-ed/iowa-career-pathways</a>

Y-Excel (Internship)- <a href="https://www.dmacc.edu/ekdc/programs.html">https://www.dmacc.edu/ekdc/programs.html</a>

Golden Circle College and Career Fair- <a href="https://www.icansucceed.org/golden-circle-college-and-career-fair">https://www.icansucceed.org/golden-circle-college-and-career-fair</a>

Polk County Healthcare Workforce- <a href="https://polkcountyhealthcare.org/">https://polkcountyhealthcare.org/</a>

Build My Future- <a href="http://www.iowaskilledtrades.com/">http://www.iowaskilledtrades.com/</a>

**DMACC Work-Based Learning Events-**

https://www.dmacc.edu/workbasedlearning/events.html#career-exploration

LinkedIN- www.linkedin.com

## Options to Receive College Credit While In High School

**CLEP Testing-** <u>https://clep.collegeboard.org/</u>

AP Testing- https://apstudents.collegeboard.org/what-is-ap

Senior Year Plus Guide- <a href="https://educate.iowa.gov/media/1184/download?inline">https://educate.iowa.gov/media/1184/download?inline</a>

Supplementary Ed Options for Homeschool High School Students-

https://homeschooliowa.org/wp-content/uploads/2018/02/Additional-Highschool-Opportunities-2018-IN.pdf

## **Standardized Testing Options**

**PSAT-** https://satsuite.collegeboard.org/psat-nmsqt/taking-the-test/away-students

SAT- <a href="https://satsuite.collegeboard.org/">https://satsuite.collegeboard.org/</a>

ACT- https://www.act.org/

Classical Learning Test (CLT)- <a href="https://www.cltexam.com/">https://www.cltexam.com/</a>

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## **List of Community College Websites - High School Programming**

Des Moines Area Community College- <u>DMACC High School Program</u>

Eastern Iowa Community Colleges- <a href="https://eicc.edu/admission-aid/applying-enrolling/process/high-school/">https://eicc.edu/admission-aid/applying-enrolling/process/high-school/</a>

Hawkeye Community College- <a href="https://www.hawkeyecollege.edu/academics/high-school/">https://www.hawkeyecollege.edu/academics/high-school/</a>

**Indian Hills Community College-**

https://www.indianhills.edu/academics/highschool/

**Iowa Central Community College-**

https://www.iowacentral.edu/high\_school\_partnerships/

**Iowa Lakes Community College-** <a href="https://iowalakes.edu/academics/college-credit-for-high-school-students/">https://iowalakes.edu/academics/college-credit-for-high-school-students/</a>

Iowa Valley Community College- <a href="https://ecc.iavalley.edu/i-am/high-school-student/">https://ecc.iavalley.edu/i-am/high-school-student/</a>

Iowa Western Community College- <a href="https://www.iwcc.edu/admissions/high-school/">https://www.iwcc.edu/admissions/high-school/</a>

Kirkwood Community College- <a href="https://www.kirkwood.edu/programs/career-academies/college-credit-in-high-school">https://www.kirkwood.edu/programs/career-academies/college-credit-in-high-school</a>

North Iowa Area Community College- <a href="https://www.niacc.edu/admissions/future-students/highschool-students/">https://www.niacc.edu/admissions/future-students/highschool-students/</a>

Northeast Iowa Community College- <a href="https://www.nicc.edu/admissions/high-school-students/">https://www.nicc.edu/admissions/high-school-students/</a>

Northwest Iowa Community College- <a href="https://nwicc.edu/high-school/">https://nwicc.edu/high-school/</a>

**Southeastern Community College-** <a href="https://www.scciowa.edu/start/high-school/jumpstart/index.aspx">https://www.scciowa.edu/start/high-school/jumpstart/index.aspx</a>

Southwestern Community College- <a href="https://www.swcciowa.edu/admissions/high-school-students">https://www.swcciowa.edu/admissions/high-school-students</a>

Western Iowa Tech Community College- https://www.witcc.edu/highschool/

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## **College/University Specific Resources**

**College Scorecard- Research College Types** <a href="https://www.commonapp.org/">https://www.commonapp.org/</a>

Common App- <a href="https://www.commonapp.org/">https://www.commonapp.org/</a>

Free Application for Federal Student Aid (FAFSA)- <a href="https://studentaid.gov/">https://studentaid.gov/</a>

ICAN (Financial Aid and Scholarships)-

https://www.icansucceed.org/financial-aid

https://www.icansucceed.org/financial-aid/scholarships-and-grants

Fastweb (scholarships)- <a href="https://www.fastweb.com/">https://www.fastweb.com/</a>

**Last Dollar Scholarship- Scholarship for In-Demand Career Fields** 

https://educate.iowa.gov/higher-ed/financial-aid/scholarships-grants/last-dollar

Scholarships.com- <a href="https://www.scholarships.com/">https://www.scholarships.com/</a>

Scholly Scholarships- <a href="https://www.sallie.com/scholarships/scholly">https://www.sallie.com/scholarships/scholly</a>

## **Off Roading Specific Resources**

Research Military Branches- <a href="https://www.icansucceed.org/career-planning/military-career-options">https://www.icansucceed.org/career-planning/military-career-options</a>

Army: <a href="http://www.goarmy.com">http://www.goarmy.com</a>
Navy: <a href="http://www.navy.com">http://www.navy.com</a>

Air Force: <a href="http://www.airforce.com">http://www.airforce.com</a>
Marine Corps: <a href="http://www.marines.com">http://www.marines.com</a>
Coast Guard: <a href="http://www.spaceforce.com">www.gocoastguard.com</a>
Space Force: <a href="http://www.spaceforce.com">http://www.spaceforce.com</a>

Gap Year Association- <a href="https://www.gapyearassociation.org/">https://www.gapyearassociation.org/</a>

Gap Year Solutions- https://gapvearsolutions.com/resources/

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# **Discover Your WIN Dictionary**

#### **General Terms**

**4-Year Plan** – A roadmap that outlines the courses and credits a high school student will take each year to stay on track for graduation and post-high school goals, whether that's college, a trade, or a career. It helps ensure they meet requirements while exploring career interests along the way.

**CTE (Career and Technical Education)** – Educational programs that provide students with handson training and real-world skills in high-demand career fields like healthcare, IT, skilled trades, business, and more. CTE helps students prepare for college, careers, or industry certifications through specialized courses, internships, and work-based learning.

**Experiential Learning** – Learning through hands-on experiences like internships, job shadowing, apprenticeships, service learning, or real-world projects. Instead of just studying a subject, you actively engage in it to build skills and knowledge.

**Senior Year Plus (SYP)** – A program run by the Iowa Department of Education that allows high school students to earn college credit while still in high school. It includes guidelines in participating in Concurrent Enrollment, Advanced Placement (AP), Postsecondary Enrollment Options (PSEO), and Career Academies.

#### **College and University Credentials**

**Associate of Applied Science (AAS) Degree**- Prepares students for a specific career with hands on training. Not designed for transfer to a four-year university, though some programs may have pathways to a four-year. Typically, 2 years.

**Associate of Arts (AA)** - A transfer degree focused on liberal arts and humanities. Designed to fulfill the two years of a bachelor's degree. Typically, 2 years.

**Associate of Science (AS)** - A transfer degree focused on STEM and technical fields designed to fulfill the two years of a bachelor's degree. Typically, 2 years.

**Bachelor of Arts Degree (BA)-** A degree providing depth in liberal arts, social sciences, and humanities majors and broader education in general subjects. Typically, 4 years.

**Bachelor of Science Degree (BS)-** A degree providing depth in science, technology, engineering, and analytical majors and broader education in general subjects. Typically, 4 years.

**Diploma Program-** Career focused training for immediate job entry. Typically, 1 year

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### Ways To Earn College Credit While in High School

**Advanced Placement (AP) Exam**– A standardized test for courses that allows high school students to earn college credit if they score high enough. These exams are offered in various subjects and are scored on a 1-5 scale.

**Career Academy**– A specialized high school program that focuses on a specific career pathway, combining academic coursework with hands-on, industry-related experience. Students may earn college credits, certifications, or work-based learning opportunities while preparing for careers in fields like healthcare, IT, trades, or business.

**CLEP (College-Level Examination Program)** – A series of standardized tests that allow students to earn college credit by demonstrating knowledge in a subject. CLEP exams are a great way to skip introductory college courses, save money, and accelerate a degree program.

**Concurrent Enrollment**– A program that allows high school students to take college courses through a partnership between high schools and community colleges. Requires Dual Enrolling with a local school district.

#### **Standardized Test**

**Accuplacer**- An entry assessment that is used to assess a student's skills in math, reading, and writing to determine the appropriate course level for incoming students.

**ACT** – A standardized college entrance exam covering English, math, reading, and science, with an optional writing section. Scored on a 1-36 scale, it's widely accepted by colleges.

**ALEKS-** A math/science assessment that many colleges use for placement to determine the appropriate course level for incoming students.

**Classical Learning Test** – A college entrance exam that focuses on reading, writing, and critical thinking with an emphasis on classical literature, philosophy, and logic. It's an alternative to the SAT and ACT, accepted by many private and classical colleges.

**PSAT (Preliminary SAT)** – A practice SAT that helps students prepare for the SAT and qualify for the National Merit Scholarship Program. Typically taken in 10th or 11th grade, it assesses reading, writing, and math skills.

SAT – An entrance exam that tests reading, writing, and math skills. Many colleges use it for admissions and scholarships, especially at schools on the East and West coasts. Scored on a 400-1600 scale

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